Table of Contents

II. Foreword

1. Preface

2. Immigrant Upbringing

3. Campus Blues

4. Homecoming

5. Heartbreak Hotel

6. College Redux

7. Health Renaissance

8. LA Calling

9. Destiny's Child

10. Hostel Helpers

11. San Francisco Dreams

12. Midnight Sunshine

13. Hosteling: The Sequel

14. Hawaiian Hideaway

15. O Canada!

16. California Dreamin'

17. Rays of Hope

18. Triple Play Vacation

19. Go West, Young Man

20. Eastward Bound

21. Heat Wave

22. Fresh Page

23. Sky Warrior

24. Harry Stylin'

25. Dear David

26. Our House Warming Gathering

27. Sasha adopted

28. Update 24-26

About the Author

Summary of Key points