Last updated: January 1, 2027
Subject: My life profile in my own words,
thoughts, and memories
Time: 10:56:48 PM PST
Author: rmalik Mood: Chillin'
Music: DJs don't dance no more(Harry Styles)

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Thanks to my family and friends for giving me the inspiration.

28. Update 24-26

In March, 2024, I met Marci from Brazil at a café called Puro Gusto in D.C. He told me a little bit about his background for instance that early on in his teenage years his parents were mean to him . They taunted him for being gay or assuming that he was gay so he filed for asylum and got on a bus to Ny, Ny!!

Plus he works for the police association from some non-profit group. Marci also complained to me for several months that he disliked living in Virginia with other roommates that were rarely home. Plus, he found his co-workers were mean and homophobic so he had to complain to his boss several times before they gave him a different cubicle.

Marci also told me that he was in counseling with a therapist for a short period of time. Plus, next year he got tired of this and decided to move and purchase his own apartment in Washington DC . He showed me this place once, but kept on complaining of having a lack of friends even now that he was living in the center of Dupont Circle where there is no shortage of finding lgbtq friends because that's where all the great cafes, restaurants, bars, and clubs are. Later on in 2025 and 2026 we kept in touch by Facetime and met up in Dupont circle 17th street many times to have dinner and walk around the street in the summer time. See pics below…



Marci at Puro Gusto



With Marci at Puro Gusto



Marci at San Antonio

In April, I needed a new 2 in 1 covertable laptop because my old one stopped working. So I searched around and found a great deal at Costco with a 2 year warranty on a Acer brand 14" laptop.

In May, I continued going to daddy TJ's meetups like at the Moxy, Equality Nova, Westin Arlington Gateway. See pics below….



TJ and I at Equality Nova



TJ at Westin Arlington Gateway



Jose and I at Equality Nova

In June, David and I renewed our lease for another year at the Meridian Eisenhower. His

health was just fine in spite of his cancer diagnosis .

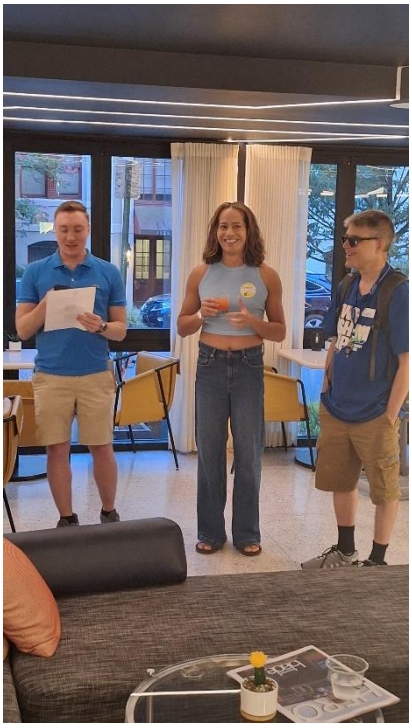
In July, we hosted our 2nd House warming gathering on the 25th floor in the club room. See pics below….



Our second House Warming gathering



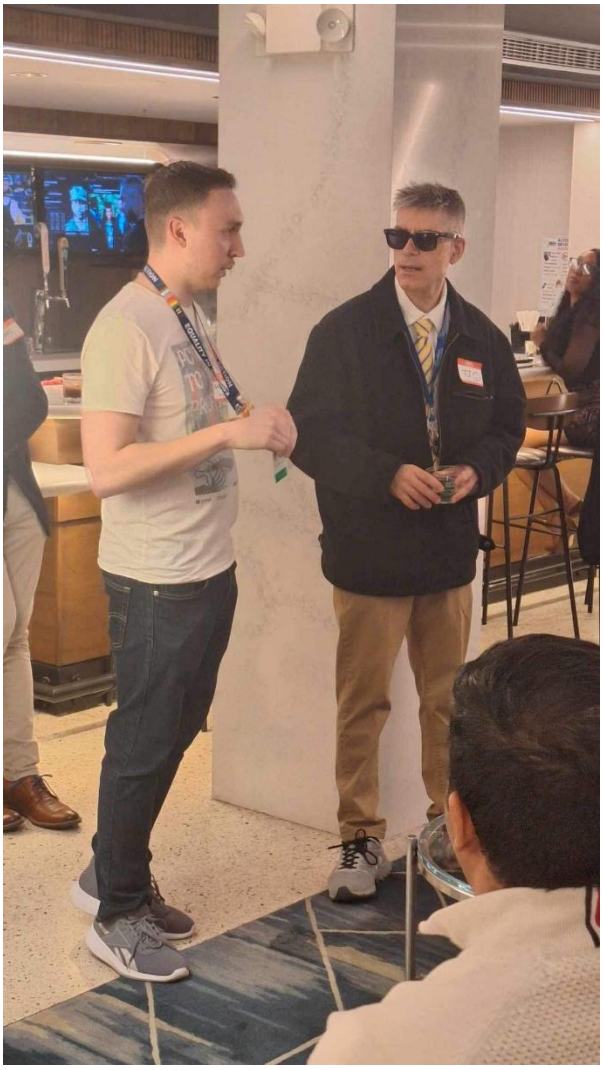
August, see more meetup pics below….(Dupont Marriot)



Dupont Marriot



Dupont Marriot



Dupont Marriot with Nathen and TJ



TJ, Marci, and me at Dupont Marriot

In September there was another meetup at Puro Gusto and an yearly Ice cream social at Freddies Lutz home. See pics below…



Puro Gusto



Me and my late brother at Tysons Galleria



Annual Ice cream social



Annual Ice cream social



Annual Ice cream social



Annual Ice cream social



My late brother came to visit our family from LA, California

In October, there was a Halloween party at Freddies Beach bar. See pics below…



Halloween party at Freddies



Halloween party at Freddies



Halloween party at Freddies



Halloween party at Freddies

In November and December there were more meetups at the Zena hotel and random pics. See pics below...



Me at Zena hotel



My late brother with me and my sister at Fairfax 14 mall



This is the last time us 4 siblings got together in Virginia !!



TJ at Moxy hotel



Me and Marci at Zena hotel

2025

In January, me and David decide to buy a new Kia K4. As David being the main co-signer and me agreeing to make the monthly payments.



Kia K4

In April, me and David go to an arts festival at the Mosaic District mall



Arts festival



Arts festival



Arts festival



Some more random pics here from social outings 2025 below….



TJ, Marci, and I





David, Jose, and Diana



Arts festival

Again in May, me and David go to an arts festival at the Mosaic district mall. Pics below…



Arts festival



Arts festival



Arts festival



Arts festival

In May, something very unexpected happened on the road. Me and David get into a major car accident due to his distraction and someone else's fault. Fortunately, no one is hurt. Our new K4 is deemed to be a total loss but Gap/Gieco insurance picks up all of the tab for the entire cost of the car. Luckily, we are not responsible for a penny !!

Nevertheless, we decide to go on a 4 day vacation to Ny, Ny on Amtrak . See pics below…



Amtrak



Holiday Inn hotel



Renaissance hotel



Renaissance hotel





Cheesecake factory

But, when we get back in June, we realize that there is no car for us to drive around in or to get around with. David and my brother are hesitant and discourage me from getting another new car. After a few arguments and discussions David agrees to co-sign for me for another new car. We both split the down payment, but I again take over the monthly payments and drive him around.

At the end of July, an unexpected news comes from LA, California over the phone. My nephew Omar calls and tells me the sad news that my brother Nauman has passed away accidently a day before. Cause of death was unknown? My brother was my best friend and confidant. I dearly miss him everyday . Here are a few pics of him below with me and other family, friends …



Brother Nauman, mom and dad



Brother Nauman and me



Brother Nauman with dad and me



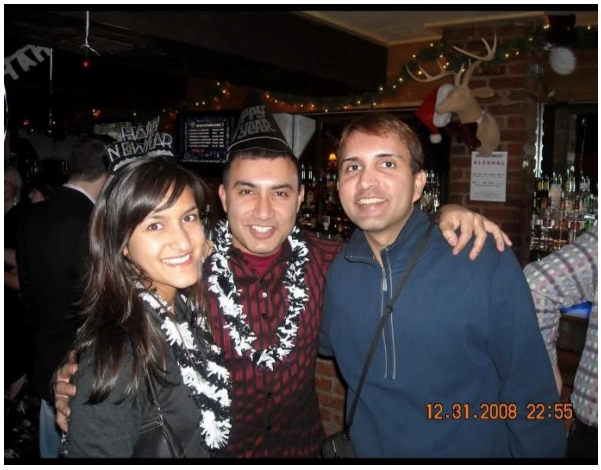
Brother Nauman with me in Kauia





Brother Nauman with his friend Poetry

Us two siblings in Pakistan



Saira, Nauman, and I



Nauman in Hawaii



Nauman and his girlfriend Celine in Kawai



Me , my late dad and my brother



My late dad and brother



My late mom and brother



Me with my late brother in Palo Alto, CA



My Nauman came to attend a meetup in D.C

The same year in August, David health starts to get worse with his cancer diagnosis. He stops going to work and gets more paid leave on and off for several days at a time. At that time I slightly start to panic with not being able to pay my portion of the rent and my unknown financial future at stake. Especially, with our lease coming to an end in September. Still, David keeps on resisting going back to his father's house in west Virginia and extends our lease by several more weeks.

Besides from all the turmoil in the air the other good news is that our brother Nauman had left not one but two wills. One from 2009 and the other from 2018. Leaving not much behind for the immediate present but naming several family members as the beneficiaries. The bad news our brother didn't plan for his unexpected passing away especially with no family members named as the executor or a trustee for his entire estate. But, just one person he chose as a Trustee in his will and trust dated 2018—Rajiv, his past friend and tax accountant. Unfortunately, that meant there was no immediate help available but the fact that all of this was now left up to his attorneys and upcoming court dates next month.

At this time all family members get very concerned and fly to California to prepare for his funeral/burial. Unfortunately, I am unable to get on an airplane due to health issues and unable to attend. But, I still watch the entire funeral on live zoom from my laptop ! Also, suddenly afterwards my niece becomes extra caring and concerned for my future. Seher asks me to give her permission to become the future executor of Nauman's will. I give her permission and signed paper work. Soon, she starts to take charge and also begins to look after his two real estate properties nearby.

Also this month in August and October on-line zoom court hearings begin for probate. Seher hires an attorney in hopes for becoming the executor of Nauman's estate. I attend the 1st court hearing from LA court online with the help of some of brother's best friends like Karina, Jay, and Sunil. There was a lot of confusion during that day and bad news that I did not understand. But, after the zoom court hearing Karina and Sunil explain to me over the phone what had just happened. Seher's attorney showed up to court and declared Nauman's estate to be intestate (meaning that it was a false statement claiming that my brother left no will or trust behind. Which in reality he left not one but two wills dated 2009 and 2018). Seher had a copy of the will from several weeks ago and she had emailed me a copy of that too! This news was outrageous to me because Karina explained that this is what family's do when they have greed for money. This would also mean that by law in the state of California Nauman's assets and estate would be divided into 3 beneficiary not 2, as that was my brother's wishes in both of his wills! Believe me I read the fine print .

This was totally not acceptable to me because my niece was moving forward with disregard to my brother's wishes. Therefore, at the end of the month I hired a California attorney and complained to him my situation. Next month in October I attended another

online zoom court date meeting . My attorney stood up and argued that Seher or her attorney's wishes to go intestate are wrong and against our brothers wishes. He delayed making my niece the executor of Nauman's estate and trust and the next probate date got scheduled for January of 2026.

Also that same month my POA-Karina Cano had researched online and located Nauman's 2018 Trust and Will. However, those documents were hiding at an attorneys office in San Jose, California. Serry was that attorney who refused to release the copy of the Trust to Karina or to my attorney without a court order. What was in the Trust had been leaked. Meaning that the Trustee was identified in the trust as Rajiv Chadha. He is an Indian guy who lives in Virginia with a CPA degree and works as a tax accountant. Still, Rajiv refused to talk or get involved right away and made excuses that he was already to busy with his current job. Later on in November the copy of the Trust was revealed to Rajiv, Karina, and my attorney by court order. At that point and time Rajiv and I had some communication exchanges. Meaning that we were in touch with emails and text messages all the way till the end of the year. Nauman had chosen Rajiv as the Trustee of his will because he was he former tax accountant and one of his best friends. However, even at that time it was my gut feeling that Rajiv was not the right guy for me or my sister as we are the beneficiaries with several minority status, plus he was still not that easy to get along with or get a hold of. The year 2025 came to an end. What happened next –you can read about under the heading "2026".

In September, there is plenty of good and bad news in the air. David's health gets pretty bad, he starts calling 911 every other day. Gets admitted to er and hospitals almost daily with no family members or friends to look after him. I again become his caregiver and soon start visiting him daily at hospitals, nursing, rehab homes. This all was not easy on someone like me who already has other health concerns. In a panic and rush I take out a loan from Nauman's estate. With the help of my brother in law as a co-signer I move out mid month to another apartment to get away from all this saga and health crisis at home. Soon, with God looking after me I found health, happiness, and gladly started to live on my own in my own place. But, still continue to look after David health for the next several weeks.

Besides from the loss of a dear sibling the good news comes from California that my brother had taken out a life insurance policy about 5 years ago in case something were to happen to him unexpectedly. In it he put about 5 people as potential beneficiaries. I was included in it too. Still, its was not easy trying to file a claim with TransAmerica ! I had to go online and order not one but two death certificates from the county of LA, California. For several weeks, I got rejected twice because they did not accept the cause of death as "still pending". Still, with no luck in sight suddenly a surprise in the mail comes at the end of September. Transamerica issues me and other family members a lump sum death benefit. I obviously can't mention here how much, but its enough to last us for a few years.

The month of October continued with a new sense of purpose, happiness, and joy. Love,

peace, and blessings happen with my social gatherings and meetups. However, the sad part—Seher and her family including my older sister and brother in law stop all communications with me for the long haul. I wouldn't know how else to explain this to anyone because to this day many people think that I am crazy for standing up for my brother's wishes. But, my family members lied in court . Those documents or court sessions are all available online on Legal One or other databases. Therefore, its their guilt, not mine. Regardless of my religion or sexual orientation !! They are still upset at me because they claim that I didn't attend my brother's funeral . In reality, I couldn't and due to my health I haven't flown in over 4 years!

Also, this month our lease came to an end. David had to move out of our apartment with the help of several care givers, nurses, and his dad. He went back to West Virginia in a big cab. However, after arriving there he went straight to the hospice and passed away a few weeks later in October. This was very sad news for me as this was a second loved one that I lost in 2025. However, I couldn't take care of him alone and now I am taking care of my own self alone .

In the month of November, after many years of debating I decide to get Invisalign aligners from a orthodontist near by for the long run commitment. Now, its been exactly one year, it was a lot of hard work, but my treatment is over next month in 2026.

2026

In January 2026, another court date came for Rajiv and Seher battling for the position of becoming the executor of Nauman's will . However, as I mentioned before Seher had no luck moving forward because Rajiv Chadha had been identified in the 2018 Trust as a chosen Trustee from my late brother . The court date came and nothing happened because Rajiv decided to delay becoming the official Trustee –he wanted this news to be published in the local newspapers in LA and in Virginia. As expected Seher lost her bid for becoming the executor. This was all expected because we were all informed before that even with a Trust there will be a need to probate Nauman's real estate and personal property assets. Now came the next court date in April of 2026. At that time Rajiv was named as the official executor and Trustee of my brothers will/trust. However, he still needed a bond from the state of California and letters of administration from the local courts. Therefore, Rajiv still could not operate or start the probate process at that time.

At the same time things started to get messy with my communications with Rajiv Chadha. Because a few months before he hired a California attorney named Courtney to help him carry on with the probate process. Therefore, we siblings don't know if this was out of protocol, discrimination or disrespect for someone with a Pakistani, gay, or disabled status that Rajiv stopped communicating with us. Instead he referred us to his attorney Courtney who charges by the hour to discuss current and future probate proceedings. Still, sometime in July or August of this year the next online court date came and Rajiv got the letters of administration from the court and officially became the executor and trustee of Nauman's estate. However, our communication with Rajiv Chadha did not get any better at that time or for the next few months even after probate officially started in September or October of 2026. Because, Rajiv still refused to communicate with us two siblings as we are the only 2 beneficiaries stated in the Trust. Why? Probably because he doesn't care and left this job for my POA –Karina and his attorney Courtney.

Then this same month of October some letters came from Courtney in California asking us several questions like do we have any knowledge of Nauman's personal properties in California or how to locate them? More questions that sounded like complete spoof---do we know what the mortgage situation is on brother's 2 properties in the east coast? What are his debts/taxes , etc. This truly didn't make any sense to us because by now Rajiv has already hired a Virginia attorney to probate Nauman's 2 properties in the DMV area. Then, I got really anxious and worried and decided to do a 3-way tela conference call with Karina and her close friend Sunil. I got some good advice from them like well if Rajiv is unsure of the mortgage situation or his debts or his personal properties then there are several things he or his attorneys can do. Like go online to the 3 major credit bureaus or look at Nauman's last year or the year before tax returns !! So, what happened to the inventory list of his assets, income, debts, taxes, etc.? I especially thought that by now 8 months have passed

by and that Rajiv would have some of these questions answered ! But, no—he left this up to his attorneys in California and in Virginia or ask us spoof questions like I mentioned before. Is this Rajiv Chadha for real or what? I seriously have my doubts about what his ethics/morals are. Will he ever work or become a special needs Trustee for us? Probably not or maybe he will or he will hand this job over to someone else like Courtney or another Trustee. But, how can we argue with him because the official probate started just two months ago . As far a we know there is nothing transferred to the Trust yet !! This could take several months to a year or longer. We siblings have immediate financial needs and our future is questionable and at stake. Nevertheless , life goes on and here is what else happened in the year 2026 below….

Here are some random photos from meetups, restaurants, malls, car dealerships, and homes.



Patio is the island of Key West





Daddy TJ and I at Dik bar

Me and Destin 

Parots somewhere in Bahamas



At Cha Street restaurant having breakfast



Daddy TJ and I at Moxy Hotel



Island of Key West 

Dinner at Ihop



Social gathering at Coastal Flats with TJ



At Embassy Suites with TJ and Destin



At Tysons Galleria mall



At Channel, Tysons Galleria



Outside of As You Are café



Cherry Blossoms during April in Fairfax, Virginia



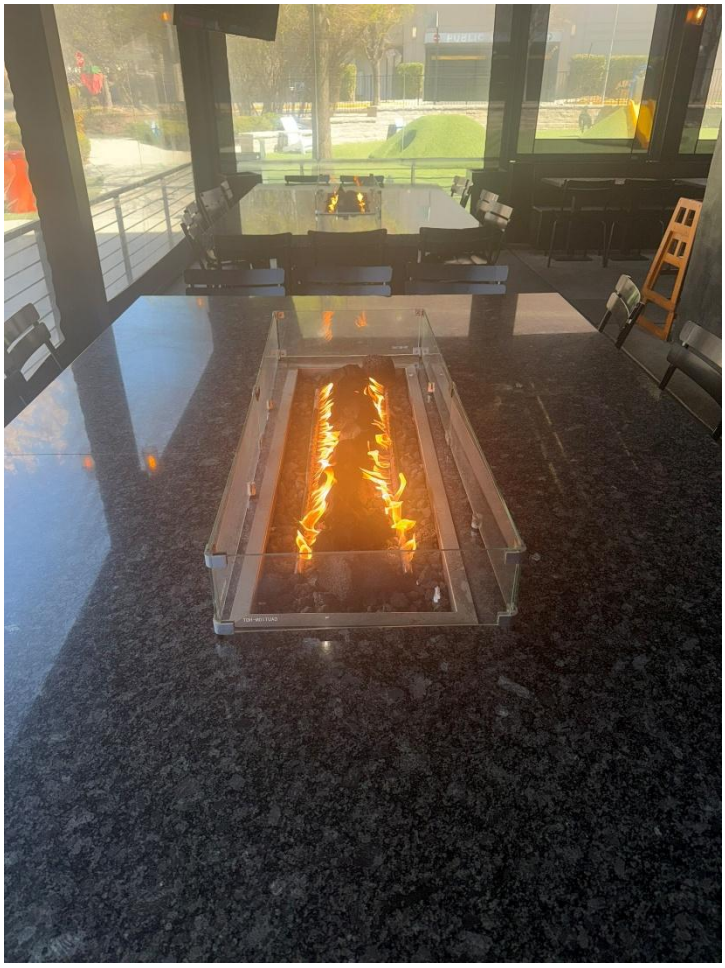
Bombay Restaurant in D.C



Flowers at Wegmans



Friend Nick at Lexus dealership



At the Mosaic Mall



With daddy TJ at Uproar roof top





Ezra, TJ, and I at Fredrico Restaurant



Alberto and I at Silver Diner

At Lucid Motors in Tysons 1



At Lucid Motors in Tysons 1 

Daddy TJ at As You Are



Me at Tyson's Galleria



TJ and I at Crush bar 

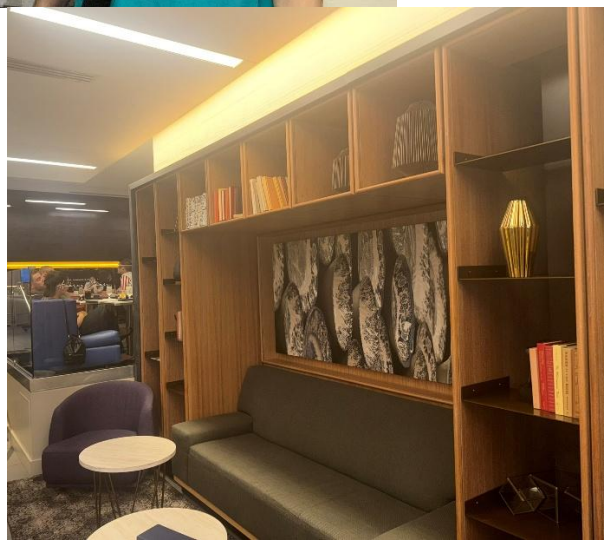
Destin, TJ, and I at Green Lantern



Marci and I at 17th Street, Dupont Circle







Daddy TJ and I at Hyatt Centric hotel


VERSACE

At Tyson's Galleria 

At Tyson's Galleria



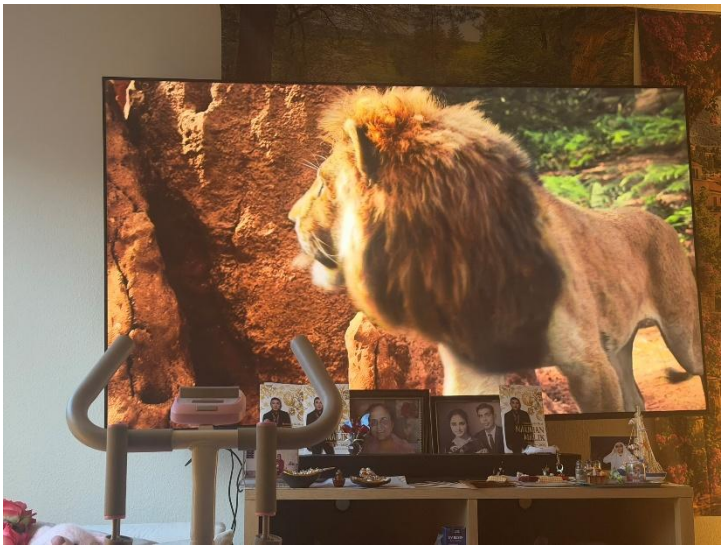
Daddy TJ and I at Number 9



A new friend I met at Uproar Roof top



On 18th Street, Adams Morgan with Jeff



Baji's new big screen TV !!





Sandy and I at a café in Arlington, Virginia

Me at Green Lantern





Me and Sebastian at As You Are café

Meetup at Silver Diner with friends

Summary of this book

In *Rainbow Reflections* (Part 2), author Rex Malik takes readers on a deeply personal journey through his life as a gay Asian American man. Written in an honest and down-to-earth style, the book traces his experiences from his immigrant upbringing in South Asia and move to the United States in 1984 to his life as an adult navigating the modern world. Rather than hiding the hard parts of his story, Malik opens up about what it really feels like to grow up feeling different, struggle with loneliness, and search for a place where he truly belongs.

A major turning point in Malik's life comes during his teenage years. After realizing he was gay at a young age and dealing with the quiet isolation of keeping his feelings secret, he made the brave decision to come out to his friends and family at sixteen. That choice set him on a lifelong path of self-acceptance. Throughout his college years at Towson State and George Mason University, as well as his many travels across the country—from the vibrant LGBTQ community in San Francisco to the sunny beaches of Hawaii and Florida—Malik encounters a wide variety of people and cultures that help him better understand himself and his place in the world.

Along the way, Malik faces many real-life hurdles, including mental health struggles, chronic health issues, financial stress, and the exhausting search for safe, stable housing. He also shares moments of deep personal grief, including the loss of close family members and loved ones. Yet, even during the hardest chapters, he refuses to give up. He seeks out therapy, leans on loyal friends, and finds comfort in simple everyday joys and creative passions like writing, photography, music, and astrology.

Ultimately, *Rainbow Reflection 2* is a story about resilience, self-love, and never losing hope. By sharing both his happiest memories and his darkest days, Malik offers comfort and encouragement to anyone who has ever felt like an outsider. His story serves as a heartfelt reminder that no matter how bumpy the road gets, it is always possible to find light, build meaningful connections, and live life on your own terms.

This concludes this update. However, I might add more or possibly next year. Also, currently my health is not any better than it was before. As the old saying goes "recovered but not cured".

About the Author

Rex Malik is in his mid-40's. He travels between the west and the east coast and stays with family and friends. He has a B.A in Communication and a minor in Photography. He is a Web Developer, Author, and Photographer. His hobbies include music, astrology, and movies.

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Thanks for reading this book -:}